

Supplementary Material

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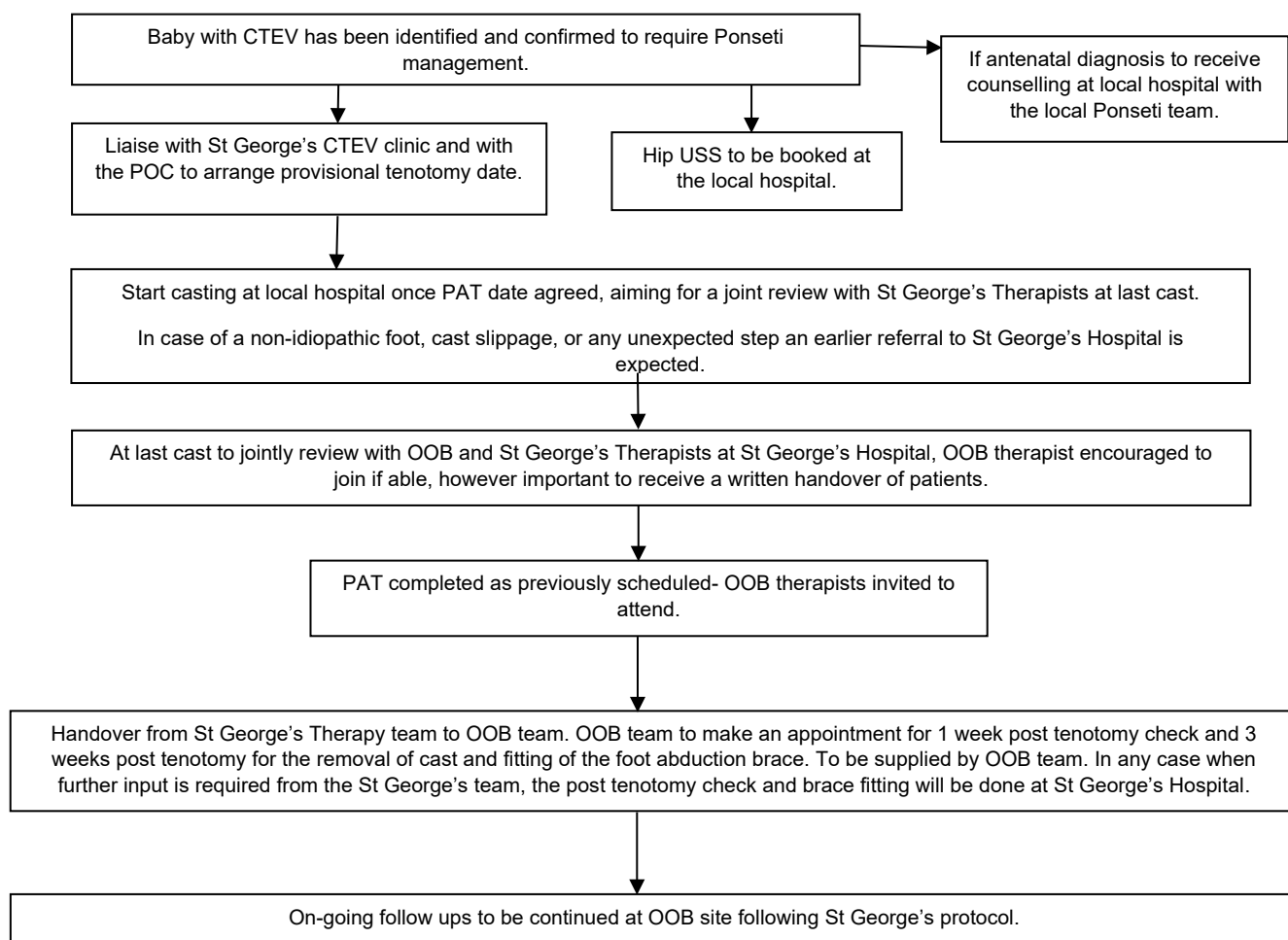


Fig a. Shared Care pathway for Out of Borough (OOB) babies presenting with congenital talipes equinovarus (CTEV) requiring percutaneous Achilles tenotomy (PAT). Referral pathway of patients in the Hub and Spoke Shared Care Model. POC, paediatric orthopaedic consultant; USS, ultrasound scan.

Table i. Complete congenital talipes equinovarus management schedule.

Management schedule	Schedule/duration	Appointment number
Manipulation and casting <ul style="list-style-type: none"> • 4-6 weeks 	Week 1	1
	Week 2	2
	Week 3	3
	Week 4	4
	Week 5	5
	Week 6	6
Tenotomy (3 weeks to heal) <ul style="list-style-type: none"> • 1 week post tenotomy check 	Week 7	7
	Week 8	8
Braces <ul style="list-style-type: none"> • Begin 23 hr/day regime (12 weeks) <ul style="list-style-type: none"> ○ 1 week post follow-up ○ 1 month follow-up • After 12 weeks of bracing 23 hr/day Begin Night/Naps regime <ul style="list-style-type: none"> ○ 3 monthly follow-ups until 2 years old ○ 6 monthly follow-ups until 5-7 years old 	Week 10	9
	Week 11	10
	Week 15	11
	Week 22 (5-6 months)	12
	8-9 months	13
	11-12 months	14
	14-15 months	15
	17-18 months	16
	20-21 months	17
	23-24 months	18
	2.5 years	19
	3 years	20
	3.5 years	21
	4 years	22
	4.5 years	23
5 years	24	

Post removal of braces follow-up schedule (1 month post foot abduction brace discontinued) ○ Annually then 2-yearly until skeletal maturity	5.1 years	25
	5.7 years	26
	6 years	27
	6.5 years	28
	7 years	29
	7+ years	30